

Forever Living weight loss testimonials - Real People Real stories



After having started the Clean 9 + Lifestyle 30 program, it has been much easier for me to control my diet throughout the day. I have lost 20 pounds and feel much more energetic. What I like most about the program is the exercise that is recommended, since sports are an essential part of my life. My sister and I, as well as our family, have all enjoyed the wonderful benefits of aloe vera and all of the FLP products.

—**Maritza Portilla, New York**



I want to thank Forever Living Products for their great nutritional and weight loss products. These products have changed me for the better, both physically and emotionally. After five months of following the Clean 9 + Lifestyle 30 program, I have lost 40 pounds and it is easy to control my desire to eat. I feel great, and I can now do physical activity that I could not do before. I cannot believe the freedom that I experience without that extra weight!

My goal is to lose 10 more pounds in the next two months. This is a slow process, but you get results. The first few days (of Clean 9), I suffered a little because of the discipline that you need to have with this program; however, with time my bad eating habits changed. I want to invite everyone who wants to lose weight slowly, but surely, to try this program. They will feel great in every sense of the word. This program does not put you on a diet, but instead teaches you how to eat well and change your eating habits.

This program is a great opportunity to live and eat better!

—**Pedro Portillo, Irving, TX**



Thanks to the Clean 9 + Lifestyle 30 products, I have achieved what I have been trying to do since childhood. I have lost more than 60 pounds, and I feel wonderful with lots of energy. Thank you Clean 9 + Lifestyle 30!

—**Leonela Ochoa, California**



I've lost 20 pounds with the Clean 9 + Lifestyle 30 programs. When I started the (Clean 9) program, I knew that it would be very difficult for me to lose the weight since I work at a "taquería," a place that sells tacos. After two days of doing the program, I realized that it was going to work. As a result, many people are excited about how the program has helped me lose weight.

—**Juana Cordero, Puerto Rico**





I had many doubts when I first received the Clean 9 and Lifestyle 30 paks. I had tried many other weight loss programs before, yet had not obtained the results I was expecting. Having used both of Forever's programs, I have now lost over 23 pounds, and I am very thankful to FLP for helping me improve my health a great deal.

—**Gloria Moo, Arkansas**



First of all, I thank God for allowing me to know about Forever Living Products. These products have changed my life in a positive way. I used to be a person who had weight problems and low self-esteem. I used to weigh 183 lbs and was a size 38. I came across Clean 9 + Lifestyle 30 and decided to try it. The results were excellent! I lost 20 lbs and now I am a size 34.

These results gave me back my self-esteem and created good habits to manage my life. Now I recommend these products to others; they are the best!

—**Mt. Pleasant, Texas**



My experience with Clean 9 + Lifestyle 30 is one of great success and happiness. Having started the program five months ago, I have now lost a total of 20 pounds and feel better than ever! It is a lifestyle change that includes following the program and increasing the amount of exercise that I do. Now I carefully watch what I eat, and have decreased the amount of sweets that I consume. My exercise includes walking for 45 minutes, three days a week. My sister and I are both following the programs, so we can support one another in reaching our weight loss goals. I plan on making this program a permanent part of my life due to the excitement and great results it has brought me.

—**Geraldine Valdez, Colorado**



The Clean 9 + Lifestyle 30 products are really excellent because they are able to bring about changes in you that make you feel healthier and cleaner inside. Using the products, I was able to lose 15 pounds. Now I feel very happy and know that I can lose more weight. Thanks to FLP, I know that everyone can reach their weight loss goals!

—**Vivian Portilla, New York**



Find out more at ForeverJM.com